

Waiting Time is Weight Loss Time

17th April 2024



[AUDIO VERSION](#)

Hello precious remnant.

It's been a while since I did my last podcast. I have been wanting to release part two of 'Glorious Things Unfolding', and I had been doing a study on the Spirit of Elijah and the difference between that and the fullness of the Spirit, the 'pleroma', that is going to be poured out. I had been waiting for some kind of definitive input from the Lord as to when this prophesied outpouring will take place, and I haven't received it... And then this morning, when I sat down, the Lord immediately began to speak, and I took up my pen and recorded it all. So, I'm going to share that word that He spoke to me this morning with you. He does refer to the events in Acts one and Acts two, during what He shares. So that is something that you can go and read afterwards. There is also some reference to what I shared in 'No Small Tempest' about casting the weights off the ship in the storm. So, you will know as you listen to what the Lord says, that this is what He was

referencing and making a connection to as part of the big puzzle. So here is what I journaled from Him:

“I am not going to give you a definitive date for this download. I want My people to prepare their hearts, to cast off excess weight from their lives - be it the weight of excess possessions, guilt, unforgiveness, unrealistic hope in false prophecy, shame, trust in the strength of man and the help of man...”

Then He paused and reminded me of all my journals from years past, which are carefully stored, and I saw them in their suitcase. Then He continued the list of excess weights to be cast off:

“ ...stale bread, old manna; unable to provide present day nourishment, trophies from spiritual mountain climbs of the past, idols of every sort, comfort food from worldly pantries, blueprints for ministries of a Day that is now past, all that locks your identity into the old must be cast overboard - all that locks your identity into the Church Age (the era that is swiftly drawing to a complete close). When I say My people must cast themselves upon Me, I don't mean with all the baggage that gives them temporal security strapped to their backs! Trust in Me plus pension funds is NOT trust. My people purchase gold to bolster against financial implosion, but I want them to purchase from Me gold and salve for their eyes so that they can really see. Is not your every breath a gift from My hand. Men are like the grass of the field; here today and gone tomorrow - but My Word endures forever. Do not find your footing on a carefully stacked foundation of your own temporal preparations. Find stability and security by placing both feet firmly on the Rock of Ages; the Rock that cannot be shaken, no matter the ferocity of the storm!

Know this too: the winds of change come from My storehouses. I Am the One who owns a storehouse of ice and snow for the day of battle. Did not my servant Job and your brother-in-faith, Enoch, discover these things? The affairs of men are not in the hands of men, but in My hands. When you read in My Book that I Am Almighty, it means just that - ALL MIGHTY. Did I not give all authority in heaven and on earth to My Son? Oh, yes, wicked men have their schemes, and the kings of the earth *ARE* mustering themselves together to cast off every

vestige of My control in the affairs of earth, but do you honestly think that perturbs Me? I know who I AM. Do you?

I will do what I said I will do. Every jot and tittle that is written will be performed, and I am even now working to position My remnant saints to receive what I have promised. Think of the day My Son ascended to My right hand. Did He not give instruction as to positioning? Did He not give specific direction to go and to be positioned, and to wait for what was promised? And will I not do the same?

Open your ears and hear the instruction of My Spirit of Truth. I counsel you with My eye upon you. Do not be like a horse or a mule that must be held firm with bit and bridle. My little band of disciples knew the season and the great events that occurred at My holy mountain in times past (Here he was referring to Shavuot at Mount Sinai), but their understanding needed some adjustment. There were certain things that needed to be put in place to fulfil all that was written, before outpouring came. Yes, there are puzzle pieces still to be put in place. Was not Mathias in their midst in the upper room? And yet he was not in complete position until the day of his placing. I know all hearts. I know all desires, and I will complete My logistics. Not until all are fully positioned in both place and understanding will the promised outpouring be released. Not until all in My upper room have cast aside every weight, will they be ready to receive.

I wait for empty vessels - empty of self, empty of fear, empty of ambition, empty of desire for the praises of men. Do you not know by now that I Am no man's debtor? Every weight you cast overboard is not COUNTED AS LOSS, but as MAKING ROOM for what I long to pour into you. Even now, My Spirit of Truth is updating your Kingdom understanding. Where man has wrongly joined the dots, He is adjusting your spiritual sight and breaking the bread of My Word rightly. You can safely lay aside the lessons of men as He teaches you to rightly divide My Word. Certain truths have been locked up and hidden until this time in order to prevent the enemy updating his battle plan.

I have end time light for My end time troops. You will be adequately equipped to wage the war that will assault you. Sit in My presence. TIME IS PRECIOUS. Use it wisely. Let the sound that settles in your heart be the sound of the words of My

mouth. Do not let your focus be on keeping up with every movement of the enemy in these days. Now is the time to saturate yourselves in the sound of My counsel. I am well aware of all that is done behind closed doors and I will equip you. I will inform you. I will keep you. TRUST ME. Do not rely on your own ability to keep up to date with the news. Even this tendency is a reliance on your own strength and ability. Fretful planning will only result in a loss of joy, but in My presence, as you trust Me, there is all the strength that you need. Entrust yourself afresh to my keeping, child.”

Selah.

The title of the Psalm 46, in the version I'm using, which is the Literal Translation, says 'God is our fortress'. Verse one says 'to the chief musician, for the sons of Korah, a song for the virgins'. So, we know that this Psalm 46 is for the 144,000, the tip of the spear, those who have not defiled themselves with idolatry and spiritual adultery.

'God is our refuge and strength, very much found to be a help in distresses. On account of this we will not fear when the earth changes, and when the mountains are slipping into the heart of the seas. Let its waters foam. Let the mountains shake in its swelling. There is a river whose streams make glad the city of God, the holy place of the tabernacles of the Most High. God is in the midst of her. She shall not be moved. God will help her, right early, at the dawn of the morning.' (And we know that we are in the morning watch year. Just over halfway through the morning watch year. In the month of lyarr for the tip of the spear, which is the second month of the year.)

Verse six: *'the nations raged, the kingdoms tottered and were moved. He uttered His voice. The earth melted. The Lord of Hosts is with us. The God of Jacob is our refuge. Pause and calmly think of that. The Lord of Hosts is with us. The God of Jacob is our refuge. Come, behold the works of the Lord, who has wrought desolations and wonders in the earth. He makes wars to cease to the end of the earth. He breaks the bow in pieces and snaps the spear in two. He burns the chariots in the fire. Be still and know that I am God. I will be exalted among the nations. I will be exalted in the earth. The Lord of hosts is with us. The God of Jacob is our refuge'.*

And then I just want to read some portions of Psalm 91. We know the precondition for Psalm 91 is that it is written for those who dwell, settle down, and live in the secret place of the Most High.

‘He who dwells in the secret place of the Most High will remain stable and fixed under the shadow of the Almighty. (The Amplified says, whose power no foe can withstand). I will say of the Lord, He is my Refuge and my Fortress, my God. On Him I lean and rely, and in Him I trust. For He will deliver you from the snare of the fowler, and from the deadly pestilence. He will cover you with His pinions, and under His wings shall you trust and find refuge. His truth and his faithfulness are a shield and a buckler. You shall not be afraid of the terror of the night, nor of the arrow that flies by day, nor of the pestilence that stalks in darkness, nor the destruction and sudden death that surprise and lay waste at noonday. A thousand may fall at your side, and 10,000 at your right hand, but it shall not come near you. Only a spectator shall you be as you witness the reward of the wicked...’

The unfolding judgments that we are going to see are the reward of the wicked.

‘Because you have made the Lord your Refuge and the Most High, your Dwelling Place, there shall no evil befall you, nor any plague or calamity. Come near your tent. For He will give his angels charge over you, to defend and preserve you in all your ways of obedience and service’.

And then I just want to read a couple of verses out of Psalm 68 from verse one.

‘God is already beginning to arise and his enemies to scatter. Let them also who hate Him flee before Him. As smoke is driven away, so drive them away; as wax melts before the fire, so let the wicked perish before the presence of God. But let the righteous be glad. Let them be in high spirits and glory before God. Let them rejoice’.

That's a decree. BE GLAD. BE IN HIGH SPIRITS. REJOICE.

‘Sing to God. Sing praises to His Name. Cast up a highway for Him who rides through the deserts.’

Its our praise and rejoicing that casts up a highway for Him who rides through the deserts.

'His name is the Lord. Be in high spirits and glory before Him. He is a father to the fatherless, and a judge and protector of the widows is God in His holy habitation.'
Hallelujah. Hallelujah, Hallelujah. *'God places the solitary in families and gives the desolate a home in which to dwell. He leads the prisoners out to prosperity, but the rebellious dwell in a parched land.'*

And you can read the rest of Psalm 68. It's an amazing, amazing psalm.

verse 19 and up to 21: *'Blessed be the Lord who bares our burdens and carries us day by day, even the God who is our salvation. God is to us a God of deliverance and salvation. And to God the Lord belongs escape from death. But God will shatter the heads of his enemies, the hairy scalp of such a one as goes on still in his trespasses and guilty ways'.*

I actually use that verse often when I pray concerning those who want to bring in the New World Order. I ask God to fulfil that Psalm 68:21, to shatter the heads of His enemies, those who go on in their trespasses and guilty ways. So precious ones, I pray that what the Lord shared with me this morning is an encouragement to you, gives you some direction as to what to focus on in these weeks that we are counting up to Shavuot or Pentecost. A week of weeks, seven weeks, seven Sabbaths and then on the 50th day was the outpouring. During those seven weeks, during the counting of the seven Sabbaths that passed by, the Lord was giving understanding and perspective concerning the Kingdom, and He was doing it from the viewpoint of his resurrection - a very different viewpoint from before the cross. And that's why the disciples' understanding and theology needed updating. He needed to show them everything from the viewpoint of victory and resurrection power. May He do the same for us in these weeks, as we prepare for the next feast of the Lord.

In the next podcast, I want to share part two of 'Glorious Things Unfolding' and try and, impart to you and share the understanding I've received concerning the difference between the Spirit of Elijah and the fullness of the outpouring of the seven Spirits. So,

the Lord bless you and keep you, cause His face to shine upon you and grant you His peace.

Later today, Wednesday, the second TV show that I recorded will be aired on YouTube. So, I will put a link for that on my telegram channel. And, I pray that it will be a blessing to those of you who are able to log in. If anyone is not on my Telegram channel and would like a link to that, please just email me at freshoil@polka.co.za and I'll send you a link to watch that YouTube video. You'll get to see my face such as it is 😊 May the Lord bless you. Amen.

[LINK TO FIRST INTERVIEW ON YOUTUBE](#)

- THE INTRODUCTION IS IN AFRIKAANS, BUT MY MESSAGE IS IN ENGLISH